



Ranka Burzan

– Feature Article:

The Disorder Disease

– News & Events
Workshop
Announcements

– Work for Tender

www.cleantidysolutions.com



Clean & Tidy Solutions

Organizing your world.

OUR MISSION STATEMENT:

To share our skills and knowledge through affordable workshops, coaching and hands on organizing/staging, assisting individuals and organizations to live and work in a more organized and stress free environment.

Ranka Burzan is the author of many articles published in the local newspapers. "Helpful Hints to Organize and Clean your Home," "Your Junk or Your Life," and "10 Tips to Organize your Child."

The Disorder Disease

Why am I so disorganized?

Isn't that the million-dollar question? If we knew the cause of our disorganization, wouldn't we just fix the problem and move on? Many of us wish if the answer is that easy. For the last few years in my career as a professional organizer, I learned that people become disorganized in many ways and for many reasons.

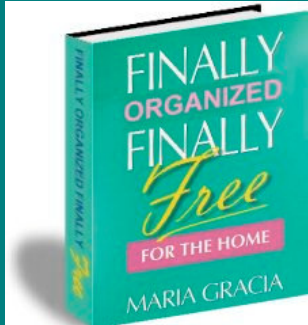
Our lives become disorderly due to our situation, habits, family history, social behavior, and chronic issues.

Situational Disorganization

Sometimes our lives take a drastic change we are not prepared for. We don't have any control over the situation, so we find ourselves the victim of our circumstances. Many of these people were very organized, but after unexpected situations like a death in the family, illness, divorce or any major changes in life, they become situationally disorganized. If you can recognize the cause of your disorganization, you're taking the first step to restore the order in your life.

(Next Page)

Tired of clutter all over your home or office?



Is your 'To Do' list a mile long? Do you struggle with procrastination? Would you like to prioritize better?

[**ORDER THIS BOOK**](#)

Habitual Disorganization

Some of the clients I've worked with have needed help redirecting their behavior. Some of them are pilers, spreaders, stashers or hiders. Instead of unloading dishwasher, we leave our dishes in the sink, hoping someone else will unload. Instead of facing the piles of paper, we shut the office door so we can't see the mess. After a few days the situation becomes even more unmanageable and we become overwhelmed and frustrated.

We all have our own unique collection of bad habits that lead to disorganization. We must decide whether we will continue our bad habits and remain in our chaos. Taking control over your clutter and your life is a most liberating and rewarding experience. If dishes are your challenge, work on it every day. To form a good habit and routine load and unload your dishes every day at the same time; in other words, do whatever it takes to finish the task.

Historical Disorganization

If we grew up in a disorganized household, most likely we didn't acquire the necessary organizing skills. Some of us work very hard to become better organized and more productive but the habits we learned as children are hard to break.

Some of us grew up in impeccable homes where the order was so rigid it's almost like living in a museum. When we become adults with our own homes we may associate order with control, authority and restraint. If you have rebelled against orderly living in your childhood, I invite you to embrace the positive benefits of order.

Whatever your experience with order has been, you likely have responded to that experience in your adult life. Being organized is not a talent: It's a skill that anyone can learn. Please remember, there is no quick fix to this very common problem in our society. Space is very seldom the hindrance of disorganization; we have enough space and we have even more things to fill that space.

I wish you the best of luck keeping your home clean & tidy.

Ranka

(Next Page) .

Clean & Tidy Solutions

www.cleantidysolutions.com

Located in
Surrey, BC

PHONE:
604-594-3240

E-MAIL:
info@cleantidysolutions.com

Feel free to forward this
newsletter to your friends and
family who may be interested.

To unsubscribe, email
info@cleantidysolutions.com

and type 'Unsubscribe' in the
Subject line.

Best regards,
RANKA

RELATED NEWS & EVENTS - WORKSHOP!!

ATTEND THESE GREAT WORKSHOPS!

Johnston Heights Secondary Instructor:

- Ranka Burzan
- Sep 30 Sa 9:30am-2:00pm
- \$39/1 session GU-1640121

Langley Library – Free

- September 21
- 7:00 – 8:00 PM

Guilford Library- Free

- October 24
- 7:00 – 8:30 PM

Very Informative, Lively, & Proactive – Come and See!

Ranka's Instructor Profile:

Ranka Burzan's workshops are very creative, simple, fun, informative and practical. You will learn powerful step-by-step tools on how to clean and organize every room throughout your home, garage and office. Ranka reveals the secret S.P.A.C.E. formula the lifetime skill of how to finally conquer the paper clutter, keep one dress size and what to do with your children's outdated toys and clothes. Workshops are always exciting and well worth the trip!

WORK FOR TENDER:

Clean & Tidy Solutions is looking for the following tradesmen:

**Carpenters * Painters * Carpet cleaners
Rubbish removal**

For more information call Ranka Burzan.

604 594-3240 or 778-840-4689!

Newsletter by Goertzen Associates

gassociates@shaw.ca

780-354-3738

Are You Writing What You're Saying?