

# SOLUTIONS

## ORGANIZING & STAGING

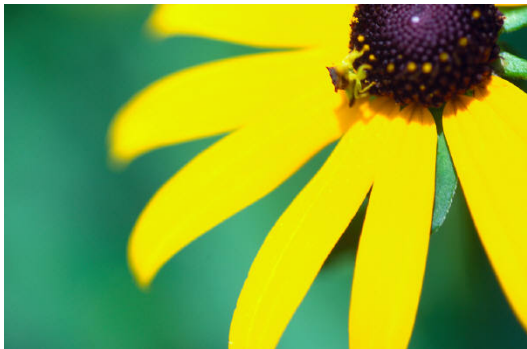
FROM CHAOS TO ► CLARITY

### JULY'S NEWSLETTER

This month we are profiling **Door to Stor – Mobile Storage**; a unique mobile storage company for those who require self storage. Door to Stor is unlike historic self storage companies; they bring the storage unit to the customer and then return it to their warehouse which is secure and climate controlled. Door to Stor provides residential & commercial moving and storage. They also provide commercial businesses storage for their files and/or inventories. They also work with staging and moving companies for those who are listing their homes.

Also available: Door to Dump – Disposal and Bin Rental Services; providing disposal and bin rental services; for both residential and commercial sites.

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Sales / Marketing  
Local line: **604-856-1548**  
Door to Stor Mobile Storage  
Bus: **1-877-548-6683**  
Door to Dump Disposal & Bin Rental Service  
Bus: **1-888-856-2006**; Fax: 604-856-1547  
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#### Your Mind Clutter

When we think about clutter we usually think about the physical aspect of clutter. Papers piled on our desks, books and magazines scattered on the coffee table and mountains of clothes in every corner of our bedrooms, living rooms or laundry rooms.

But wait; there is one form of clutter that we don't pay much attention. This clutter is your emotional clutter, the chaos in our minds. This kind of clutter keep us stuck, stifles our growth and productivity. It's not easy to "STOP and smell the roses." We trained ourselves to always think ahead, plan for the future etc. Some of us are dealing with past experiences not always pleasant. But if you never live and fully enjoy the present what kind of life are you living? Here are one minute tips to help you cope in this chaotic world we live in. The world is never going to change to suit us, we have to change the way we react to different situations.

## **Here and Now**

- ✓ Take 15 minutes a day to decide **what kind of life** you would like to have. It's never too late. I decided to change my life and my profession at the young age of 55. There is no blame from now on because I am singing the song by Sinatra "I Did It My Way."
- ✓ You are your best friend, make a decision to love and **support your best friend**. Take time to look at what's going on around you. What do you see and hear? What do you feel? Don't forget to breathe properly.
- ✓ Focus on the **task at hand**. Whatever you are doing: washing dishes, working on the computer or reading a story to your children. Focus all your attention and energy on what you doing right now.
- ✓ How much of what you do is action and how much is reaction? By paying closer attention to what you are doing you can a make more conscious choice about how you want to live your life.

## **Choose Authenticity**

- ✓ Choose to live according to your values and you will have more time, less stress, and a sense of personal freedom. Allow time to change. Focus on the progress of changing rather than the outcome of change. Share your accomplishments with your family and friends. Not everybody will be thrilled for you, but you will be and that's what counts.

**REMEMBER**, you are in the driver's seat. **WHERE** would you like to go **NEXT**?

**I wish you the best of luck living your life productive and stress free.**

**Best Regards,  
Ranka**

[www.solutionsorganizing.com](http://www.solutionsorganizing.com)

## **Independent Contractors Wanted**

Do you have a flair for staging? Are you organized? Do you like helping people? We are looking for Independent Contractors for organizing, staging and helping people reclaim their lives.

As an Independent Contractor you will enjoy flexible hours while embarking on an exciting career. While past experience is an asset, it is not a requirement. We will provide training; except for stagers, preference is given to applicants with an Interior Redesign/Staging Certificate. Independent Contractors are responsible for submitting invoices and are not on payroll, but get to set their own hours.

If this sounds like the ideal career for you, please contact Ranka Burzan at 604.584.3240 or email us at [info@solutionsorganizing.com](mailto:info@solutionsorganizing.com)

**If you don't want to receive our e-mail please let us know at [info@solutionsorganizing.com](mailto:info@solutionsorganizing.com)**